



**Measure Your Under-Bust:**

- Measure around your ribcage, just under your bust, to get your band size. This measurement should be snug and level.
- Example: 95cm

**Measure Bust Size:**

- Measure from the centre of your chest (sternum) over the fullest part of your bust to your spine (non-operated breast), and then multiply this measurement by 2.
- Example: 56 inches × 2 = 112cm.
- Refer to the below chart to find out your Under bust and cup size

Sizes based on body measurements: 165–172 cm

1

EU underbust measurement in cm	63–67	68–72	73–77	78–82	83–87	88–92	93–97	98–102	103–107	108–112	113–117	118–122
	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓
EU underbust circumference in cm	65	70	75	80	85	90	95	100	105	110	115	120

Use the EU overbust measurement in cm to determine the corresponding cup size

2

AA	75–77	80–82	85–87	90–92	95–97	100–102	105–107	110–112	115–117	120–122	125–127	130–132
A	77–79	82–84	87–89	92–94	97–99	102–104	107–109	112–114	117–119	122–124	127–129	132–134
B	79–81	84–86	89–91	94–96	99–101	104–106	109–111	114–116	119–121	124–126	129–131	134–136
C	81–83	86–88	91–93	96–98	101–103	106–108	111–113	116–118	121–123	126–128	131–133	136–138
D	83–85	88–90	93–95	98–100	103–105	108–110	113–115	118–120	123–125	128–130	133–135	138–140
E	85–87	90–92	95–97	100–102	105–107	110–112	115–117	120–122	125–127	130–132	135–137	140–142
F	87–89	92–94	97–99	102–104	107–109	112–114	117–119	122–124	127–129	132–134	137–139	142–144
G	89–91	94–96	99–101	104–106	109–111	114–116	119–121	124–126	129–131	134–136	139–141	144–146

- As per the above measurements your under bust size will be 95cm and cup size will be “C”. As per the below chart the prosthesis size will be “9”

## HOW DO WE DETERMINE THE CORRECT BREAST FORM SIZE?

Cup size	Underbust measurement																	
AA	65	70	75	80	85	90	95	100	105	110	115	120						
A	60	65	70	75	80	85	90	95	100	105	110	115	120					
B			65	70	75	80	85	90	95	100	105	110	115	120				
<b>C</b>				65	70	75	80	85	90	<b>95</b>	100	105	110	115	120			
D					65	70	75	80	85	90	95	100	105	110	115	120		
E						65	70	75	80	85	90	95	100	105	110	115	120	
F							65	70	75	80	85	90	95	100	105	110	115	120
G										75	80	85	90	95	100	105	110	115
Overview of sizes																		
	0	1	2	3	4	5	6	7	8	<b>9</b>	10	11	12	13	14	15 <sup>2</sup>	16 <sup>2</sup>	17 <sup>2</sup>
Priform sizes																		
		1/2	3/4	5/6	7/8	9/10	11/12	13/14										

